

CURRICULUM VITAE

**Tammy L. Balatgek, D.D.S.
DABDSM, FAACP, DAAPM**

**Center for TMJ & Sleep Disorders, LLC
Balatgek Family Dental, LLC
2433 Morgantown Road, Suite 200
Reading, PA 19607**

**Phone (610) 796-2835
Fax (610) 898-1302
e-mail: tmjsleep@dejazzd.com**



EDUCATION

Master's Program (M.S. in Craniofacial Pain)	2008 – Present Tufts University, College of Dentistry Boston, Mass
Doctor of Dental Surgery Degree (D.D.S.)	1997 The Ohio State University, College of Dentistry Columbus, Ohio

LICENSURE

PA State	Dentist
PA State	Anesthesia Permit – Restricted II

POST-DOCTORAL EDUCATION

Advanced TMD Residency Program	November 2004 – October 2005 Diagnosis and Treatment of patients with Craniofacial pain and TMD, Directed by Dr. Steven Olmos Mount Holly, N.J.
Mini-Residency in Diagnosis and Treatment Of TM Disorders	2004 – 2005 Institute for Advanced TMJ Studies, Instructed by Dr. Steven Olmos Chicago, IL

Over 900 hours of continuing education in TMD, craniofacial pain, sleep disorders, and orthodontics.

PRACTICE EXPERIENCE

Dentist / Owner	1997 – Present Sinking Spring Family Dental, LLC
Dentist / Owner	2005 – Present Center for TMJ & Sleep Disorders, LLC

PROFESSIONAL AFFILIATIONS

Founder / Partner	2006 – Present Matrix Seminars, LLC
Founder / President	2006 – Present Cooney Craniofacial Society
Board of Directors	2006 – Present International TMJ and Sleep Medicine Network

POST-DOCTORAL CERTIFICATIONS

Diplomate, American Academy of Dental Sleep Medicine
Fellow, American Academy of Craniofacial Pain
Diplomate, American Academy of Pain Management

PROFESSIONAL ASSOCIATIONS

American Academy of Craniofacial Pain
American Academy of Dental Sleep Medicine
International Association for Orthodontics
American Academy of Pain Management
American Academy of Sleep Medicine
American Association for Functional Orthodontics
Berks County Chamber of Commerce
National Sleep Foundation
American Dental Association
Pennsylvania Dental Association
Berks County Dental Association

TEACHING EXPERIENCE

Certified Speaker	2006 – Present TMJ and Sleep Therapy Research Centre
Assistant Clinical Instructor	2006 - 2007 HTL Dental, Sleep Disorders Dentistry
Assistant Clinical Instructor	2005 – 2007 Rondeau Orthodontic Residency Program

SPEAKING ENGAGEMENTS

Guest Lecturer Topic: “Phase I Orthodontics: Airway Consideration”	May 2009 Berks Dental Study Club Reading, PA
Speaker Topic “Too Tired to Sleep? All About Sleep Apnea”	February 2009 and April 2009 Alvernia University Reading, PA
Speaker Topic “CPAP Alternatives For the Treatment of Sleep Apnea”	March 2009 Reading Hospital Sleep Awareness Event Reading, PA
Keynote Speaker Topic: “How to Treat Bruxism in Your Practice”	March 2009 Reading Dentist Continuing Education Reading, PA
Keynote Speaker Topic: “TMJ and Sleep Disorders”	November 2008 Public Awareness Event The Barn, Reading , PA
Co-Lecturer with Dr. Steven Olmos Topic “Sleep Disordered Breathing In Your Practice”	May 2008, October 2008 TMJ & Sleep Therapy Centre San Diego, CA
Speaker Topic “Oral Appliances For the Treatment of OSA”	March 2008 Reading Hospital Sleep Awareness Event Reading, PA

Keynote Speaker Topic "The Relationship Between TMD and OSA"	October 2007 University Services, Inc. Philadelphia, PA
Keynote Speaker Topic "Recognizing TMD And Sleep Disorders"	September 2007 Berks-Schuylkill Dental Hygienists Association Reading, PA
Guest Lecturer Topic "Introduction to Sleep Disorders Dentistry"	April 2007 Itamar Medical Cherry Hill, N.J.
Guest Lecturer Topic: "Sleep Disorders Dentistry"	January 2007 Sleep Apnea Support Groups, Ephrata and Reading, PA
Guest Lecturer Topic: "Sleep Disorders Dentistry"	November 2006 HTL Dental Advanced Course for Dentists Phoenix, AZ
Guest Lecturer Topic: "Sleep Disorders Dentistry"	October 2006 Pottstown Dental Study Club Pottstown, PA
Guest Lecturer Topic "Sleep Disorders Dentistry"	2006 Rotary Clubs in PA Sinking Spring, Twin Valley, and Thorndale
Guest Lecturer Topic "Sleep Disorders Dentistry"	January 2006 Rondeau Orthodontics for the General Practitioner Level 1 and Level 2 Attendees, Philadelphia, PA
Guest Lecturer Topic: "TMJ Dysfunction"	November 2005 American Dental Continuing Education, Wyomissing, PA
Keynote Speaker Topic: "Sleep Disordered Breathing"	July 2005 Public Awareness Event Days Inn, Shillington, PA