

CURRICULUM VITAE

**Tammy L. Balatgek, DDS, MS
DABDSM, FAACP**

**Center for TMJ & Sleep Disorders, LLC
Dental Health and Wellness, LLC
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UNIVERSITY EDUCATION

Certificate in Forensic Dentistry	2019-2020 McGill University Montreal, Canada
Master of Science in Craniofacial Pain (MS)	2011 Tufts University, School of Dentistry Boston, Mass
Doctor of Dental Surgery Degree (DDS)	1997 Ohio State University, College of Dentistry Columbus, Ohio

LICENSURE

PA State	Dentist
PA State	Anesthesia Permit – Restricted II

POST-DOCTORAL EDUCATION

Advanced TMD Residency Program	November 2004 – October 2005 Diagnosis and Treatment of patients with Craniofacial pain and TMD, Directed by Dr. Steven Olmos Mount Holly, N.J.
Mini-Residency in Diagnosis and Treatment Of TM Disorders	2004 – 2005 Institute for Advanced TMJ Studies, Instructed by Dr. Steven Olmos Chicago, IL

Over 1800 hours of continuing education in TMD, craniofacial pain, sleep disorders, forensic dentistry, and orthodontics.

PRACTICE EXPERIENCE

Forensic Dentist	2020 - Present Philadelphia County, Medical Examiner
Dentist / Owner	2013 – Present Dental Health and Wellness, LLC
Forensic Dentist	2013 - Present County of Berks, Tower Health System
Dentist / Owner	2005 – Present Center for TMJ & Sleep Disorders, LLC
Dentist / Owner	1997 – 2012 Sinking Spring Family Dental, LLC

PROFESSIONAL AFFILIATIONS

Adjunct Professor	Tufts University School of Dentistry Craniofacial Pain Center
NDIR Review Panel	2015-Present FBI
Founder / President	2006 – 2010 Matrix Seminars, LLC
Founder / President	2006 – 2010 Cooney Craniofacial Society (Study Club)
Board of Directors	2006 – Present International TMJ and Sleep Medicine Network

POST-DOCTORAL CERTIFICATIONS

Diplomate, American Academy of Dental Sleep Medicine
Fellow, American Academy of Craniofacial Pain

PROFESSIONAL ASSOCIATIONS

American Society of Forensic Dentistry
American Academy of Craniofacial Pain
American Academy of Dental Sleep Medicine

International Association for Orthodontics
American Academy of Sleep Medicine
American Academy of Orofacial Pain
Berks County Chamber of Commerce

PHILANTHROPY

St. Joe's Penn State Health Charity Ball Committee	2015 – Present Reading, PA
MOM-n-PA	May 2018, May 2019 Missions of Mercy Dental Outreach Reading and Wilkes Barre, PA
Participant H2 Jamaica	February 2016, 2017, 2018, 2019 Dental Mission Trip Mandeville, Jamaica

PUBLICATIONS

Forensic Dentistry: Overview and Significance. Berks County Medical Record, Spring 2020

How Oral Health Affects The Entire Body. Berks County Medical Record, Fall 2017

Differential Diagnosis: When Should Temporomandibular Joint Disorder and/or Obstructive Sleep Apnea Be Considered? Berks County Medical Record, Summer 2013

Evaluating the Reliability of Risk Factors for Obstructive Sleep Apnea in Subjects with Temporomandibular Joint Dysfunction. Master's Thesis, ProQuest UMI Number 1491817; May 2011

Improvement of TMJ Symptoms with an OSA Appliance: Case Study. Dental Sleep Digest, Vol 1, Issue I. February 2010

Identify and Manage Sleep Disordered Breathing. Dental Sleep Digest, Vol 1, Issue 2. March 2010

TEACHING EXPERIENCE

Adjunct Professor	Tufts University School of Dentistry Craniofacial Pain Center
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Certified Speaker	2006 – 2009
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TMJ and Sleep Therapy Research Centre

Assistant Clinical Instructor 2006 - 2007
HTL Dental, Sleep Disorders Dentistry

Assistant Clinical Instructor 2005 – 2007
Rondeau Orthodontic Residency Program

SPEAKING ENGAGEMENTS / TOPICS

Speaker
Topic “Forensic Dentistry” February 2014, 2015, 2016, April 2017, 2018, and 2019
Wilson High School Forensic Class
Reading, PA

Speaker
Topic ”Forensic Dentistry” March 2017
Pottstown Dental Study Group
Pottstown, PA

Speaker
Topic “Sleep Disorders and Pain” October 2016
Tufts University School Of Dentistry
Craniofacial Pain Center Grand Rounds

Speaker
Topic “ Introduction to Forensic
Dentistry: Are your Dental
Records Identifiable?” November 2015
Berks – Schuylkill Dental Hygiene Association
Reading, PA

Speaker
Topic “ Understanding
TMJ Disorders” October 2014
Berks-Schuylkill Dental Hygienists
Association
Reading, PA

Keynote Speaker
Topic “Beyond the Teeth” October 2013
PA Dental Association, 4th District Dental Society
Reading, PA

Speaker
Topic “TMJ Dysfunction” March 2010
Reading Hospital Sleep Awareness Event
Reading, PA

Speaker
Topic: “From GP to TMD / Sleep” April 2010
BioResearch Annual Conference
Milwaukee, WI

Speaker
Topic “Women and Sleep” March 2010
Reading Hospital Sleep Awareness Event

	Reading, PA
Keynote Speaker Topic “ TMJ Disorders: A New Perspective”	March 2010 Berks-Schuylkill Dental Hygienists Association Reading, PA
Co-Lecturer with Dr. Steven Olmos Topic “Sleep Disordered Breathing In Your Practice”	November 2009 TMJ & Sleep Therapy Centre San Diego, CA
Keynote Speaker Topic: “How to Treat Bruxism in Your Practice”	September 2009 American Dental Services Reading, PA
Guest Lecturer Topic: “Phase I Orthodontics: Airway Consideration”	May 2009 Berks Dental Study Club Reading, PA
Speaker Topic “Too Tired to Sleep? All About Sleep Apnea”	February 2009 and April 2009 Alvernia University Reading, PA
Speaker Topic “CPAP Alternatives For the Treatment of Sleep Apnea”	March 2009 Reading Hospital Sleep Awareness Event Reading, PA
Keynote Speaker Topic: “How to Treat Bruxism in Your Practice”	March 2009 Reading Dentists Continuing Education Reading, PA
Keynote Speaker Topic: “TMJ and Sleep Disorders”	November 2008 Public Awareness Event Reading , PA
Co-Lecturer with Dr. Steven Olmos Topic “Sleep Disordered Breathing In Your Practice”	May 2008, October 2008 TMJ & Sleep Therapy Centre San Diego, CA, Philadelphia, PA
Speaker Topic “Oral Appliances For the Treatment of OSA”	March 2008 Reading Hospital Sleep Awareness Event Reading, PA
Keynote Speaker Topic “The Relationship	October 2007 University Services, Inc.

Between TMD and OSA”	Philadelphia, PA
Keynote Speaker Topic “ Recognizing TMD And Sleep Disorders”	September 2007 Berks-Schuylkill Dental Hygienists Association Reading, PA
Guest Lecturer Topic “Introduction to Sleep Disorders Dentistry”	April 2007 Itamar Medical Cherry Hill, NJ
Guest Lecturer Topic: “Sleep Disorders Dentistry”	January 2007 Sleep Apnea Support Groups, Ephrata and Reading, PA
Guest Lecturer Topic: “Sleep Disorders Dentistry”	November 2006 HTL Dental Advanced Course for Dentists Phoenix, AZ
Guest Lecturer Topic: “Sleep Disorders Dentistry”	October 2006 Pottstown Dental Study Club Pottstown, PA
Guest Lecturer Topic “Sleep Disorders Dentistry”	2006 Rotary Clubs in PA Sinking Spring, Twin Valley, and Thorndale
Guest Lecturer Topic “Sleep Disorders Dentistry”	January 2006 Rondeau Orthodontics for the General Practitioner Level 1 and Level 2 Attendees, Philadelphia, PA
Guest Lecturer Topic: “TMJ Dysfunction”	November 2005 American Dental Continuing Education Wyomissing, PA
Keynote Speaker Topic: “Sleep Disordered Breathing”	July 2005 Public Awareness Event Days Inn, Shillington, PA